

A REVOLUTIONARY APPROACH
TO **SUCCESS**



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Alison Fragale, PhD



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Likeable Badass Alison Fragale, PhD, 2025-09-16 NATIONAL BESTSELLER Behavioral scientist Alison Fragale offers powerful new insights and a practical playbook for women to advance in any workplace full of tips tricks and strategies to help secure that elusive corner office Over decades of research speaking engagements and mentorship psychologist and professor Alison Fragale encountered recurring questions from high powered and early career women alike How do women thread the needle of kindness and competence in the workplace How can women earn credit for their accomplishments negotiate better and navigate complex office politics without losing the goodwill of their peers Fragale investigated and determined that many women s workplace issues boil down to what psychologists call status the perception of them by others No amount of power no degree title or paycheck will raise a woman s workplace stature unless it also affects how others see her Acknowledging this roadblock Fragale pulls back the curtain on how we can change how others see us by developing our standing as a likeable badass By cultivating perceptions of warmth and assertiveness women can achieve the kind of reputation that leads to a seat at the table and a fulfilling career path Likeable Badass is equal parts behavioral science and life hacks weaving together rigorous research with actionable advice and impactful stories from a diverse array of women This is a warm heartening book written for women their allies and anyone who struggles to rise and wants evidence based practical strategies for success served with a side of inspiration and humor **The Millennials** Subramanian S

Kalpathi, 2016-09-15 Born between the early 1980s and 2000s the millennials are the youngest and on several occasions the largest generation at work today In this first comprehensive book with discerning research Subramanian Kalpathi turns the modern workplace on its head and asks pressing questions about what makes this raring to go generation tick With case studies of millennial organizations and interviews with over 100 achievers The Millennials will give you an informed view of how the future will look by explaining the goals motivations and dreams of the people who will run it **Give to Grow** Mo Bunnell, 2024-08-27 Relationships are the foundation of our long term business success The problem is a million things get in the way I don t have enough time I don t want to be a nag They are super busy right now And the biggest one I m just not good at this There s a simple solution to breaking through all this noise Giving When you focus on giving you will remove your own mental roadblocks You ll be centered on solving the client s problems and investing in their success And you can build a system to consistently integrate the right moves into your busy work life The real magic to this approach It s always your move and there s always a way to be helpful In Give to Grow Mo Bunnell shows how to develop the growth mindset that keeps the focus on the relationship A great deal might make your year but a great relationship can make your entire career No matter where you are in your career Give to Grow will help you build the relationships you need to make the impact you want **Surviving Climate Anxiety** Dr. Thomas Doherty, 2025-10-07 Learn how to cope with and heal from climate anxiety

in this groundbreaking guide by the most prominent American advocate of ecopsychology New York Times With climate

disasters mounting and solutions feeling ever more elusive eco anxiety is rapidly becoming one of the biggest mental health threats of our time Surviving Climate Anxiety is the essential guide to coping with the psychological impacts of persistent environmental crisis In it the world s leading climate anxiety expert Dr Thomas Doherty shares his pioneering evidence based methods to help you Reclaim your nervous system manage your thoughts and feelings and stress about climate change Understand your environmental identity your history values and connection to the natural world Prioritize eco wellness Utilize arts creativity and spirituality as tools for flourishing Liberate yourself from living as a climate hostage overcome fear of climate disasters and tend to eco depression and grief Broaden your horizons of hope cultivate optimism through stewardship and action Packed with practical research backed tips and dozens of stories from the geologist haunted by images of melting glaciers to the young couple agonizing over whether to bring a child into a world on fire to a twenty something wondering what it was like back when people believed in a future Surviving Climate Anxiety provides the tools to cope heal and flourish even in these times

The Best Friend Incident Melia Alexander, 2018-04-09 The friend zone just got a lot hotter Stacey Winters is in love with love but so far she s only found Mr Dud Mr Cheater and Mr Boring Even though her best friend Grant isn t an option at least being around him offers her a window into the male psyche and sets the bar high for her future Mr Right But then she accidentally crosses the friend zone and kisses him and it starts to feel a little too much like he might be what she s been looking for Grant Phillips doesn t do relationships A casualty of the foster care system he knows people are just looking for a reason to bolt No attachments is his hard and fast rule There s only one exception his best friend Stacey He refuses to jeopardize what they have But now that he knows how good it felt to kiss her felt the addictive slide of her body against his Stacey Winters is indelibly stamped onto Grant s brain and not just as his friend He is so screwed

Design Thinking for School Leaders Alyssa Gallagher, Kami Thordarson, 2018-05-23 Design is the rendering of intent What if education leaders approached their work with the perspective of a designer This new perspective of seeing the world differently is desperately needed in schools and begins with school leadership Alyssa Gallagher and Kami Thordarson widely recognized experts on Design Thinking educational leadership and innovative strategies call this new perspective design inspired leadership one of the most powerful ways to ignite positive change and address education challenges using the same design and innovation principles that have been so successful in private industry Design Thinking for School Leaders explores the changing landscape of leadership and offers practical ways to reframe the role of school leader using Design Thinking one step at a time Leaders can shift from accidental designers to design inspired leaders acting with greater intention and achieving greater impact You ll learn how viewing the world through a more empathetic lens a critical first step on the path to becoming a design inspired leader can raise your awareness of the uniqueness of your teachers and students and prompt you to question the ways in which they experience your school Gallagher and Thordarson detail five specific roles to help you identify opportunities for positively impacting students teachers districts parents and the community Opportunity

Seeker Shifts from problem solving to problem finding Experience Architect Designs and curates learning experiences Rule Breaker Challenges the way things are always done Producer Gets things done and creates rapid learning cycles for teams Storyteller Captures the hearts and minds of a community Full of examples of Design Thinking in action in schools across the country Design Thinking for School Leaders can help you guide your school to the forefront of the new design education movement one that will move traditional education into the modern world and drive the future of learning **Doing It All as a Solo Parent (HBR Working Parents Series)** Harvard Business Review, Daisy Dowling, Brigid Schulte, Heidi Grant, Shawn Achor, 2022-03-08 You're only one person but you're not alone As a single parent you know your life is different from the other working parents around you With the pressure to perform well at work and no partner to assist with tasks at home let alone major crises you likely find yourself pulled in all directions with many responsibilities and little support Doing It All as a Solo Parent offers you the help you need to lighten the load Drawing on the wisdom of experts and parents alike it provides practical tips and advice tailored to your unique challenges as a solo parent Whether you're single widowed or have a partner who is unable to help you'll discover how to do it all with less stress You'll learn to Create a support system of family and friends Make time spent with your children more meaningful Shape a long term career despite short term demands Build a childcare backup bench Carve out time for yourself The HBR Working Parents Series provides support as you anticipate challenges learn how to advocate for yourself more effectively juggle your impossible schedule and find fulfillment at home and at work Whether you're up with a newborn or planning the future with your teen you'll find the practical tips strategies and research you need to make working parenthood work for you *Summary of Give and Take* Paul Adams, 2018 **Survey Notes**, 2012 **Zenith 12000**, 1954 **Summary: Give and Take** BusinessNews Publishing, 2015-07-01 The must read summary of Adam Grant's book Give and Take A Revolutionary Approach to Success This complete summary of the ideas from Adam Grant's book Give and Take shows how success depends on how you interact with others In the world of work there are three types of people takers who maximise reward from every transaction matchers who give only as much as they take and givers who help others expecting nothing in return The type of person you are at work has a huge impact on your future According to Grant givers are the people that achieve the greatest success Added value of this summary Save time Become a giver and avoid being taken advantage of Enhance your career To learn more read Give and Take and learn how becoming a giver can lead to greater success **Business 2.0**, 2004 **Chess Life**, 2003 Cyberspace Lawyer, 2000 Summary of Give and Take SellWave Audio, 2025-10-12 Give and Take challenges conventional notions of success by exploring how our interactions with others shape outcomes in both professional and personal realms While traditional models emphasize individual traits such as talent hard work and luck Adam Grant demonstrates that success increasingly depends on whether we operate as takers matchers or givers Takers seek to extract as much as possible from others matchers strive for balance in exchanges and givers contribute selflessly

without expecting anything in return Although givers risk exploitation and burnout many achieve extraordinary results across industries leveraging generosity as a source of influence innovation and lasting impact Grant draws on his pioneering research as Wharton s youngest tenured professor to show how these interaction styles manifest in real world contexts Through captivating stories he highlights individuals who rose to prominence by cultivating meaningful connections dedicating years to creative endeavors in anonymity and transforming organizations through collaborative leadership He illustrates how networked generosity can predict outcomes in unexpected ways even revealing patterns that could have foreshadowed corporate failures like Enron The book emphasizes that success is rarely achieved in isolation By combining research findings with compelling anecdotes Grant demonstrates that givers can cultivate influence negotiate effectively and foster collaboration that benefits both themselves and their communities The narrative underscores that strategic generosity when paired with awareness and boundaries can yield remarkable results without the costs typically associated with overextension Give and Take serves as a roadmap for reshaping the way we approach networking leadership and organizational culture Grant provides practical insights for becoming a successful giver showing how fostering trust contributing to others and building reciprocal relationships can transform careers teams and institutions Ultimately the book invites readers to reconsider how success is measured and achieved advocating for a model where generosity and collaboration are central to enduring achievement and meaningful impact

Jazz Times ,2007 **The New York Times Magazine** ,2009 **Astronomy Now** ,1999 **Business Week** ,2003 **The New York Times Index** ,2008

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